



Samaritan House is a non-profit organization that provides services to help meet the essential daily needs of more than 12,000 low-income people per year within San Mateo County, California. We provide an interim “safety-net” for individuals and families in need while ultimately helping them move toward self-sufficiency.

With the help of more than 2,000 volunteers, we provide food, clothing, shelter, healthcare, worker resources, and counseling services — all free of charge to our clients. Samaritan House is a community-supported organization with 68% of our operating budget coming from private groups and individuals. Our vision is to break the cycle of poverty in San Mateo County, one family at a time.



### **Case Management and Counseling**

When people in need first come to Samaritan House, they meet with one of our bilingual Case Workers. Client needs are evaluated and a case plan is developed. Case Workers then refer clients to Samaritan House programs and to other agencies in the community. Each month more than 400 low-income households receive case management and counseling services.

### **Food and Nutrition**

Clients can receive a hot, nutritious meal seven days a week at our Kitchen, Dining Room or Safe Harbor homeless shelter. Additionally, to encourage family unity, “to go” meals and food boxes are available so families can dine together in the privacy of their own homes. Samaritan House serves more than 120,000 meals each year.



### **Family Resource Center**

A collaboration between Samaritan House and the Human Service Agency of San Mateo County, the Center promotes safe and stable families through comprehensive case management and counseling. Its focus is families with preschool children. Local elementary schools host parenting workshops and support groups promoting the general health and well being of children and their families.



### **Health Care**

Each year our San Mateo and Redwood City Medical and Dental Clinics provide more than 9,000 patient visits with the help of more than 100 volunteer professionals. The clinics provide primary care and specialty services such as dentistry, gynecology, breast cancer prevention, dermatology, diabetic care, endocrinology, gastroenterology, orthopedics, ophthalmology, optometry, podiatry, rheumatology, urology, nutritional counseling, health education, and psychiatry.



### **Shelter for the Homeless**

Each day, 90 men and women receive safe and warm shelter at Safe Harbor, our homeless shelter. Hot nutritious meals, hot showers, personal hygiene kits, on-site case management, counseling, and educational programming are all provided to give our clients a little peace of mind and resources necessary to start building their self-sufficiency.



*All services are provided free of charge.*

### **Holiday Assistance**

Thanks to the support of community volunteers and donors, the Samaritan House Holiday Program ensures that low-income people enjoy the holidays with food and gifts. On Thanksgiving, volunteers prepare and serve dinner for several hundred people. In November and December, clients select non-perishable foods, fresh fruit, vegetables, and chickens or a turkey. Food is delivered to the homebound, and toys are distributed to children from 0-17.



Thousands of volunteers lend a hand with the spirit of giving that makes the holidays so special.



### **Worker Resources**

The Worker Resource Center, managed by Samaritan House and funded by the City of San Mateo, provides a safe place for workers to meet potential employers.

### **Education**

Many Samaritan House programs offer educational classes for clients. English as a Second Language (ESL) and Spanish Literacy classes help clients improve language skills. Financial Education classes taught by volunteers from local banks and credit unions help clients learn about budgeting, saving, and properly using credit. Healthy-Lifestyle classes on diabetes, weight management, healthy eating, and a variety of other topics are also available.



### **Teaching Our Children to Give**

Project Wee Care teaches thousands of students from local public and private schools the importance of giving. Parents and teachers, with the help of Samaritan House staff, teach children about the needs in our community and assist children in organizing food, clothing, and toy drives. All donations are distributed to Samaritan House clients through our various programs.



**Samaritan House** — *Neighbor Helping Neighbor*

Phone: 650.341.4081 ■ Fax: 650.341.0526  
www.samaritanhouse.com